

National Family Week Conference
A David & Lillian Thalenfeld Life Series

**The Never-Ending Pandemic:
Substance Abuse in Our Communities**

November 18 | Mohegan Sun Pocono



13th Annual National Family Week Conference

CLE Credit for Lawyers Attending Being Provided by
**The Wilkes-Barre Law & Library
Association (#53)**

The W-BLLA is an accredited CLE Provider.

**PLEASE NOTE THAT THE KEYNOTE LUNCH SPEAKER IS
NOT A CLE CREDIT HOUR.**

For lawyers attending the full day, the conference provides 4.5 Hours of LIVE Substantive CLE Credit.

Cost of the Conference and CLE Credit is \$50.00. The conference registration cost is \$40 and \$10 for the CLE Credits.

Please note – the conference registration can be paid online at FSA website and the CLE Credits is payable the day of the conference. FSA will collect the money and will hand you your attendance form to complete and hand back in to them. They will then submit that form to Gail, so that she may then submit to the PA CLE Board for your CLE credit. It is important that you complete and sign your attendance form and hand it back to FSA before you leave the Conference.

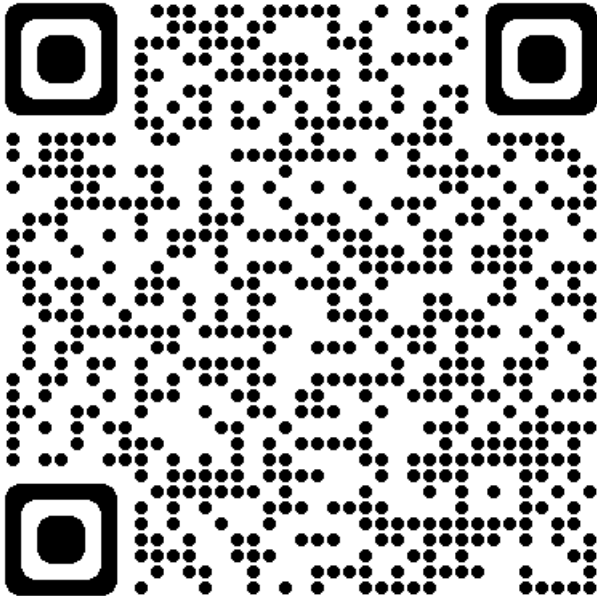
To Register for the Conference, please go to:

<https://fsanepa.networkforgood.com/events/46932-national-family-week-conference>

When Registering be sure to include your Atty.ID number after your name.

If you have any questions about the Conference, please email Theresa Langan, Executive Assistant at Family Services of Northeastern PA at tlangan@fsanepa.org or call her at 570-823-5144 ext. 312.

Family Services has included the following QR code as well:



Conference Agenda

8:00 a.m. Continental Breakfast & Resource Tables 8:25 a.m.-
Welcome. **NO CLE CREDIT PROVIDED
FOR THIS SEGMENT.**

8:35 a.m.- Opening Session, Jean Bennett, Ph.D., MSM, MSN, BSN,
RN, Regional Administrator, SAMHSA

NO CLE CREDIT PROVIDED FOR THIS SEGMENT.

Session Overview:

SAMHSA and SAMHSA Regional Office short overview.

Prevention of 1. Addiction.

2. First Use in Youth.

3. Overdose Integrated Crisis Systems of Care (988)
with Pennsylvania-specific examples.

Prevalence and importance of Understanding Co-Occurring Mental Health and Substance Abuse Disorders.

Models to spark ideas for customization and implementation.

Resources and Partnerships: How Grant Funding Works.

9:30 a.m.- 9:40 a.m.- BREAK

9:40 a.m.- 10:40 a.m.- Breakout sessions
(1 HOUR OF SUBSTANTIVE CLE CREDIT).

Trauma-Informed Substance Abuse Care (Part 1 of 2)

presented by Dr. Megan Velo-Zorzi, Psy.D., M.Ed. Blue Bird Mental Health.

Session Overview:

This presentation will discuss how to use trauma-informed care in the substance abuse population. The training will provide an overview of substance abuse, including prevalence, presentation, and challenges. It will then cover traumatic stress prevalence, causes, symptoms, and presentation. Information on co-morbidity, resources, and barriers to treatment will be discussed.

Narcan Training: How to Save a Life **limited to the first 50 registrants**

presented by Rachael Wydra, BSN, RN, Behavioral Health Nurse Consultant, PA Department of Health, Ryan Hogan, BA, Director, Luzerne & Wyoming Counties Drug & Alcohol Program. Certified Alcohol & Drug Counselor, Certified Compulsive Gambling Counselor. Certified Trauma Counselor.

Session Overview:

Opioid Overdoses are preventable and reversible through the use of Naloxone, better known as Narcan. Narcan blocks the effects of Opioids during an overdose and restores breathing within minutes.

During this training session, attendees will learn about Naloxone (Narcan), its properties as a medication, and how it reverses overdoses in the body and brain. You will learn about the safety and efficacy of this life-saving medication. The Trainer will walk you through the simple, yet proper administration of the medication in the event you must use the medication to save another person's life.

All attendees will receive a Certificate of Completion for attending the Narcan Training as well as their own Narcan Kit, which includes two (2) 4mg doses of Narcan, to store safely at home. It's small enough to carry in your pocket! Each person will receive their own life-saving Narcan Kit.

The Impact of Substance Abuse on Families

presented by Kori V. Britton, MS, Counselor, Wyoming Valley Alcohol and Drug Services, Inc.

Session Overview:

- Family
- Substance Abuse Disorder
- Statistics
- Enabling
- Detachment
- The Five C's
 - Cause
 - Control
 - Cure
 - Cope
 - Change

10:40 a.m.- 10:50 a.m.- BREAK

10:50 a.m.- 11:50 a.m.- Breakout sessions
(1 HOUR OF SUBSTANTIVE CLE CREDIT).

Trauma-Informed Substance Abuse Care (Part 2 of 2)

presented by Dr. Megan Velo-Zorzi, Psy.D., M.Ed. Blue Bird Mental Health,

Session Overview:

This presentation will discuss how to use trauma-informed care in the substance abuse population. The training will provide an overview of substance abuse, including prevalence, presentation, and challenges. It will then cover traumatic stress prevalence, causes, symptoms, and presentation.

Information on co-morbidity, resources, and barriers to treatment will be discussed.

Preventing Suicide By Improving Health Outcomes

presented by Sean Gerow, MS, Chief Executive Officer, Family Service Association of NEPA.

Session Overview:

Treating a person for behavioral health issues is only one aspect of reducing suicides. As providers, we need to be connected to all health continuum aspects to reduce lost lives and understand behavioral and physical health issues. Treating mental health, substance issues, and physical health issues. Treating mental health, substance issues, and physical health together will increase the likelihood of a Zero Suicide Community.

Has this approach been done? YES!

Has this approach been successful? YES!

This presentation will focus on the aspects of the health continuum and how treating all aspects can lead to a Zero Suicide Community.

Current Drug Trends Affecting Luzerne County and What's Being Done to Address the Problems

presented by Ryan Hogan, BA, Director, Luzerne & Wyoming Counties Drug & Alcohol Program. Certified Alcohol & Drug Counselor, Certified Compulsive Gambling Counselor. Certified Trauma Counselor.

Session Overview:

This session will discuss current drug trends affecting Luzerne County while looking at new and emerging trends throughout the Commonwealth of Pennsylvania. Additionally, the session will provide an overview of national, statewide, and local initiatives to curb substance use disorders and the consequences that affect the individual, their families, and the community. Resources for individuals and families to access when they or their loved ones are impacted by substance use disorders will be provided.

11:50 a.m.- 12:00 p.m.- BREAK

NO CLE IS PROVIDE FOR LUNCH:

12:00 p.m.- 1:30 p.m.- Lunch and Keynote Speaker (**NO CREDIT**).

Don't Ride the Highs too High or the Lows too Low

presented by Kyle Popish, AS, Associate Addictions Counselor, Turning Points Alternative Living Solutions (TPALS).

Session Overview:

During this session, Kyle will discuss his story and path to sobriety. He will share how he uses mindfulness, the 12-step program, SMART recovery, and Eastern Philosophies to assist him in being his best self so he is capable of assisting others.

In a world full of chaos, be life.

NO CLE CREDIT PROVIDED FROM 12:00 p.m. – 1:30 p.m.

1:30 p.m.- 1:40 p.m.- BREAK

1:40 p.m.- 2:40 p.m.- Breakout sessions
(1 HOUR OF SUBSTANTIVE CLE CREDIT).

Narcen Training: How to Save a Life **limited to the first 50 registrants******

presented by Rachael Wydra, BSN, RN, Behavioral Health Nurse Consultant, PA Department of Health, Ryan Hogan, BA, Director, Luzerne & Wyoming Counties Drug & Alcohol Program. Certified Alcohol & Drug Counselor, Certified Compulsive Gambling Counselor. Certified Trauma Counselor.

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Healthy MOMs: It takes a village

presented by Maria Kolcharno, MSW, LSW, Director of Addictions Services, The Wright Center for Community Health and Marcella Garvin, MBA, Healthy MOMS Case Manager.

Session Overview:

You've heard it takes a village to raise a child, right? Even in perfect circumstances, raising a child takes a village. The complex struggles surrounding opioid addiction can make pregnancy an even tougher time. Our team realizes that healthy babies begin with healthy moms and that being healthy means attending to the mom and baby's health, financial, legal, and personal needs.

The Healthy MOMS (Maternal Opiate Medical Support) Program helps moms-to-be and their babies build a strong foundation to begin their lives in recovery. The program is a collaborative effort between like-minded community partners throughout Northeast Pennsylvania that brings together experts from healthcare, legal, housing, and social services organizations. This presentation will provide a forum to discuss services available in our regions and the best practice to advocate and link moms to programs

Understanding & Treating Substance Abuse Disorders in the Veteran Population

presented by Stacey Marie Little, MA, Executive Director, Pyramid Healthcare Inc., Dallas Residential and Detox Treatment Facility.

Session Overview:

In this session, we will discuss the unique needs of the Veteran population and the barriers they experience to accessing effective treatment services that address their needs and validate their experience. It will also include an overview of the Military Therapy and Recovery Program at Pyramid Dallas Inpatient.

2:40 p.m.- 2:50 p.m.- BREAK

2:50 p.m.- 4:15 p.m.- Panel Discussion and Closing Remarks.
(1.5 HOURS OF SUBSTANTIVE CLE CREDIT).